

COURSE DESCRIPTION

COURSE TITLE:	<i>VAPING THE ULTIMATE GUIDE</i>
SUBJECT/CONTENT/SKILLS:	SUBSTANCE USE DISORDER (AOD) SPECIFIC CONTENT/ VAPING
OHIO CONTENT AREAS:	PREVENTION P2 CHEMICAL DEPENDENCY C1
COURSE FORMAT:	ONLINE COURSE; DIGITAL WORKBOOK/ONLINE TEST & COURSE EVALUATION/ INSTANT TEST SCORES/DOWNLOADABLE COMPLETION CERTIFICATE
INTENDED AUDIENCE:	THIS COURSE IS APPROPRIATE FOR PRACTITIONERS OF ALL LEVELS AND IS APPLICABLE WITHIN VARIOUS PROFESSIONAL SPECIALTIES (ADDICTION, MENTAL HEALTH, ETC.) AND SETTINGS (CLINICS, SHELTERS, JAILS, ETC.).
CE HOURS:	6
COST INITIAL/RENEWAL:	\$54/\$27
NUMBER OF PAGES: (INCLUDING INTRO MATERIALS)	63
NUMBER OF POST-TEST QUESTIONS:	30

NAMES/CREDENTIAL(S) OF PRESENTER/AUTHOR:

Kelly Sinclair-McClintock, MA, LICDC-CS, MCAP

Kelly has spent the better part of her career working with a criminal population, often within the walls of the jail system, and (oddly enough) has loved every moment of it. Kelly says, "it's easy to enjoy being institutionalized-when you have the keys to the joint"! (So true).

Since 2005, she has served as the CEO of Project Solutions, a social service organization that provides counseling services to a criminal population. Kelly has authored numerous professional training manuals and is a sought-after speaker/presenter.

EDUCATION/ACHIEVEMENTS:

- AA/BS Degree Criminal Justice/Sociology
- Master of Arts Degree, Professional Counseling
- Licensed Independent Chemical Dependency Clinical Supervisor (Ohio)
- Certified Masters Addictions Professional (Florida)
- Find Your Strong Campaign findyourstrong.info
- Graduate Leadership Stark County, 18th Class
- Commendations Stark County Jail Treatment Program 2006, 2010
- Recipient Bliss Scholarship Akron University, 1991
- Internship Capitol Hill, 1991

COURSE DESCRIPTION:

This course begins by covering the basics of vaping (vape devices, vape oils, where to buy, age limits, etc.). This course goes on to discuss the vaping craze amongst our nation's youth, the targeting of youth, addictive properties, marketing strategies, health risks, and unconventional uses. It also explores the social aspects that make vaping so popular and why these

devices are no longer considered cigarette cessation devices. This book is an excellent tool for parents, teachers, counselors, etc.

Course discusses:

- What is Vaping?
- Vape Devices, Oils, Etc.
- Vaping Illicit Drugs
- Addictive Properties of Vaping
- Health Risks of Vaping
- The Vape Craze; Targeting Youth
- A Call to Action

This course is appropriate for practitioners of all levels. Course content applies to various client populations (i.e., addiction, mental health, etc.) and is relevant for services provided in a variety of settings (clinics, shelters, jails, etc.).

GOAL:

Participants will gain knowledge about vaping basics (devices, oils, etc.), addictive properties, health risks, marketing strategies, and the danger that vaping poses to our youth.

OBJECTIVES:

1. Participants will be able to recognize, understand, describe, and identify the two major classes of e-cigarette devices and how they work.
2. Participants will be able to recognize, understand, and describe the differences between the two forms of nicotine.

3. Participants will be able to recognize, understand, and describe the chemical makeup of e-cigarette liquids/vapor.
4. Participants will be able to recognize, understand, and describe vaping-related health consequences to include; what an EVALI is, and why THC oil is heavily associated with this, as well as the effect of heavy metals on the body.
5. Participants will be able to recognize, understand, and describe why e-cigarettes are more addictive than regular cigarettes.
6. Participants will be able to recognize, understand, and describe how e-cigarette companies target youth.
7. Participants will be able to recognize, understand, and describe why e-cigarettes are not useful as smoking cessation devices.

COURSE OUTLINE

- I. Introduction Materials (Tech Support, How it works, About the Author, Welcome, Disclaimers)
- II. Pre-test
- III. Why this Course?
- IV. What is Vaping
- V. Vaping Devices; Components & Function
- VI. Vape Oils
 - a. Nicotine/Oil
 - b. Custom Oil
 - c. THC Oil
 - d. What Else is in the Oil (ingredients)?
- VII. Health Consequences
 - a. Second-Hand Smoke
 - b. EVALI

- c. THC Oil & EVALI
 - d. Healthy Vape Oils (Vitamins, CBD, Essential Oils, etc.)
- VIII. Vaping as a Cessation Device
- IX. Targeting Youth
 - a. Vaping Stats
 - b. Underage Use
 - c. The Big Tobacco Mission
 - d. Advertising & Marketing Campaigns
 - e. Vape Games
 - f. The Flavor Trap
- X. Vape Culture
- XI. Big Tobacco; Big Money
- XII. Call to Action (Parents, Teachers, Consumers, etc.)
- XIII. References/Bibliography
- XIV. Post-Test
- XV. Course Evaluation/Survey